Concussions can affect hearing and balance. Prolonged hearing and balance (vestibular) symptoms include:

- Trouble hearing conversations in a quiet environment
- Difficulty following conversations in background noise
- Tinnitus (ringing or buzzing in the ears)
- Hyperacusis (increased sensitivity to everyday sounds)
- Misophonia (severe sensitivity to certain sounds)
- Dizziness or vertigo
- Nausea
- Visual impairments

They can help you return to work, school and everyday life after a concussion by:

- Assessing hearing and balance
- Providing education and counseling about concussion and audiology-related symptoms
- Providing audiological and/or vestibular rehabilitation therapies
- Providing technology, when appropriate, including hearing aids, assistive listening devices and sound generators, to help manage symptoms

If you’re experiencing hearing and balance difficulties after a concussion, contact an audiologist near you.

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